

# Best Practice Bulletin #3

## JacksonHyder & Constructing Better Health

JacksonHyder joined the Constructing Better Health Scheme to raise awareness of some common health issues that can be faced in our industry, and to improve the health of our guys in general.

Since joining the scheme in November 2009, 20% of our workforce are now signed up to the scheme. 74 people from our supply chain have attended the medical assessment sessions and our sub-contractors Squires and Linsco have subsequently joined the scheme.

### Interesting findings...

- One member of staff was advised to go and see his GP immediately following an on-site health assessment with CBH
- A crane operator was advised to 'see' an optician as his eyesight was well below DVLA standards
- Two others were referred to a specialist for further HAV's assessment
- Thankfully, the majority of our workforce are fit and well, which is great for our business

### Benefits

The CBH toolbox talks were well received on our site in Nottingham, and a number of employees have been given the opportunity to resolve health problems at an early stage.

We have been given the opportunity to address certain health issues before they become a threat to the company. The CBH website is a really useful tool which gives impartial advice and guidance to both workers and the company. The bottom line: Our workforce is kept healthy which means our business is thriving.

**To sign up to Constructing Better Health please visit: <http://www.cbhscheme.com/>**

